REDUNDANT SIGMOID COLON AS A CAUSE OF CHRONIC CONSTIPATION

PATIENT ID

- Male
- 5 years old
- Meconium passage within first 24 hours
- Past Medical History
- Psychomotor impairment
- Constipation
- Began 22 days of life
- Required manual stimulation
- Bowel Movement every 8-10 days

FIRST PEDIATRIC CONSULT

- Age 8 months
- One bowel movement every 15-21 days
- Milk of magnesia was prescribed
- Lactulose anara and dulcolax were later added
- ** Senna is not available in Costa Rica**

COLON CONTRAST STUDY MARCH 2016







Radiology Diagnosis: Redundant Descending Colon, less than 50% evacuation, 200cc were needed to get to the splenic flexure

HIRSCHSPRUNG?

- Rectal Biopsy 05-26-16
- Full thickness
- Positive for ganglion cells
- No nerve cell hypertrophy

CLINICAL PROGRESS

- Patient was having multiple hospital admits due to fecal impaction
- Dulcolax had him having one bowel movement every 6 days
- Enemas was indicated but not always correctly done by the parents

SURGERY

- August 2016
- Laparoscopic Assisted Sigmoidectomy
- 38cm of descending and sigmoid colon were resected in total
- Post Op # 8
- Bowel Obstruction
- No bowel was resected

POST SURGERY CLINICAL EVOLUTION

- Did well for the first 3 months after surgery
- Bowel Movements every 2-3 days
- Bristol 2
- Laxative: Mineral Oil and High Fiber
- 4 months after surgery bowel movements every 5 days
- High doses of Milk of Magnesium and Mineral Oil
- No Stimulant laxatives are available

JANUARY 2019

- Is requiring enemas daily
- Mother has a hard time giving the enema, many times they are not succesfull
- Bowel Movements every 20 days

CONTRAST ENEMA STUDY DECEMBER 2018





SURGICAL REFERRAL

- Options for surgery:
- Left residual colectomy + Rectal Tapering and Malone?