

Bowel Management Week



- Obtain a contrast enema the week of bowel management using gastrograffin (hydrosoluble) contrast material
- Always obtain post evacuation film from contrast enema
- Obtain abdominal x-ray at the first bowel management clinic

Itinerary of BMW

Friday	Saturday	Sunday	Monday	Tuesday	Wed	Thursday	Friday
Morning Parent session	Enema	Enema	Enema	Enema	Enema	Enema	Enema
X-ray			X-ray and report to nurse	X-ray and report to nurse	X-ray and report to nurse	X-ray and report to nurse	X-ray
			Team meeting	Team meeting	Team meeting	Team meeting	Morning Clinic
				Nurse call family with changes	Nurse call family with changes	Nurse call family with changes	
Afternoon clinic			Afternoon clinic with NPs				

Key Points



- Determine prognosis for bowel control
- Teach enema technique and administration
- Individualized treatment plan
- Abdominal radiograph to objectively evaluate the result of the enema
- Goal: remain clean of stool in underwear for 24 hours at a time

When to Prescribe Enemas



- The patient has true fecal incontinence



Supplies





How to Mix Saline

- Add 1.5 **TEASPOONS** regular table salt to 1000 mL warm tap water
- Adding too much or too little salt can cause electrolyte imbalances



Prepare Enema

- Combine prescribed saline with additive of choice
- Additives may include glycerin, castile soap or phosphate (fleet)



Positioning

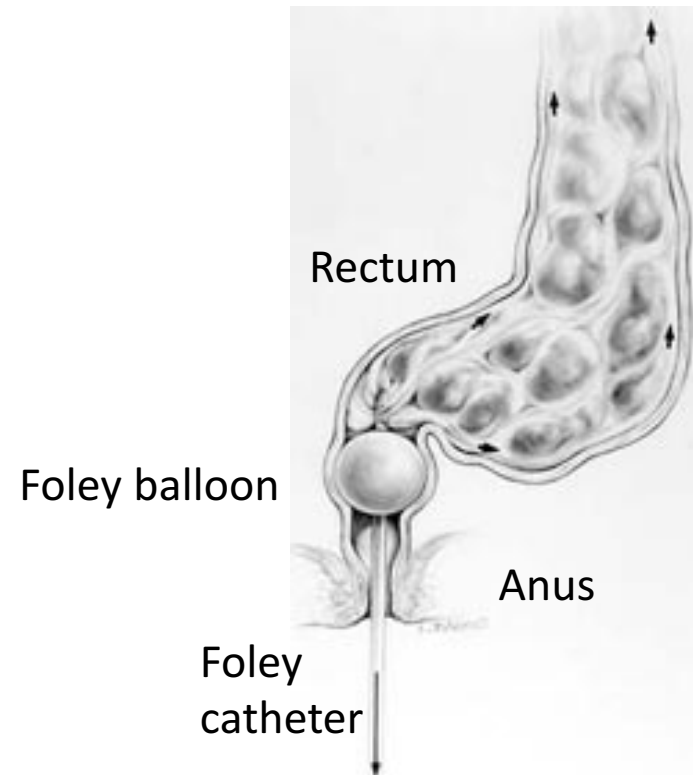
- Left side-lying or knees to chest
- Use pillow or wedge to elevate bottom above shoulders





Administration

- Check Foley catheter balloon by inflating with 10 - 30 mL to ensure no leaking
- Lubricate, insert 4-6 inches, and inflate balloon
- Pull back gently on catheter to create plug





Administration cont.

- Infuse solution over 5-10 minutes
- Dwell time of at least 5 - 10 minutes
- Place child on toilet and deflate balloon with syringe
- Child should sit for 30-45 minutes

Troubleshooting



Problem

- Leaking during infusion
- Complaints of cramping
- Child does not expel entirety of enema volume
- Child cannot tolerate entire dwell time

Solution

- Pull back gently on catheter to create “plug” or add 10 mL more water to balloon
- Slow infusion by lowering gravity bag or partially closing clamp
- Reinsert catheter and let remainder of fluid drain
- A couple of minutes is better than nothing